

**AN IMPORTANT
MESSAGE TO
EVERYONE 50 OR OVER—
RETIRED OR NOT—
WHO HASN'T YET**

*Found a Hobby Horse—
— Find One & Ride it to
Death!*

neglected health insurance

reduce the incidence of stroke, heart attack and premature death.

Volunteers are randomly assigned to two groups, one receiving medications and the other receiving placebos—lookalike inactive pills.

Volunteers come to the SHEP clinics every three months, where their blood pressures are checked. Some visits include a physical examination, electrocardiogram, lab tests and a talk with the doctor about their health. Upon request, results of all participants' tests are sent to their personal physicians, whom

volunteering, interested men and women are urged to visit with their own physicians and with SHEP medical staff. To determine if there is a SHEP center in your area, write to Clarissa K. Wittenberg, Information office, National Heart, Lung, and Blood Institute, Bldg 31, Room 4A21, Bethesda, MD 20205; telephone (301) 496-4236.

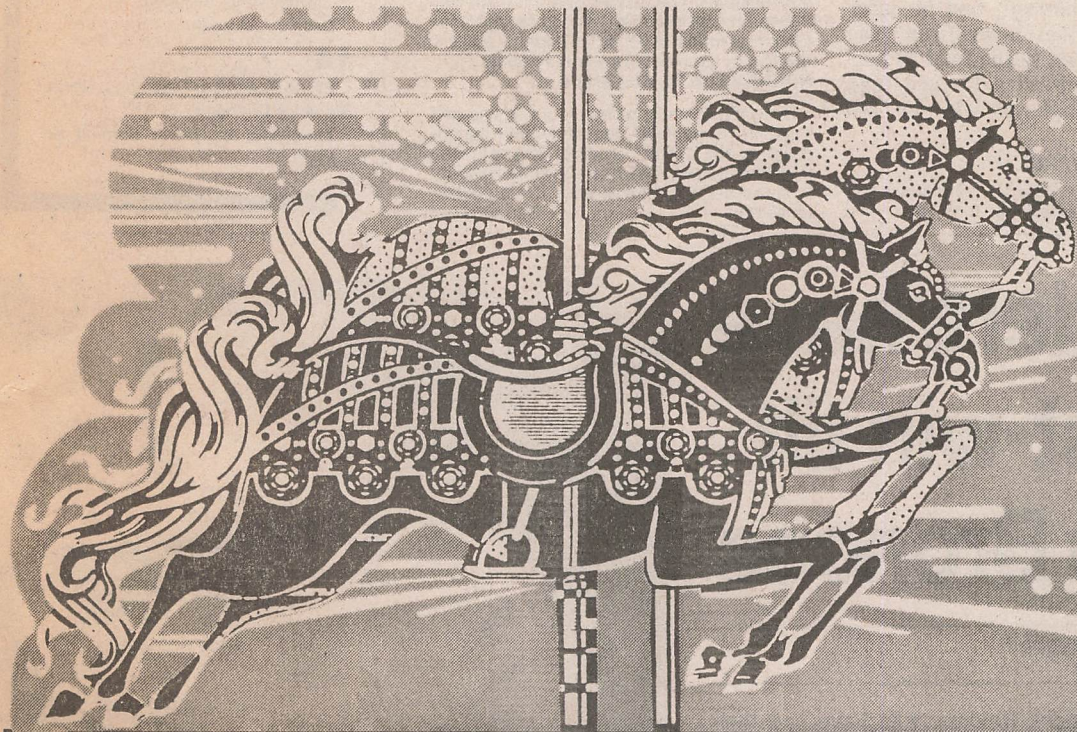
Flu-shot time

Influenza vaccinations are highly successful in preventing or reducing

Atlanta, found vaccination to be associated with a 79 percent reduction in death rate from the disease overall.

This finding is highly significant considering that flu and pneumonia combined are the fifth leading cause of death in the U.S. Yet only about 20 percent of people who should receive shots against flu and pneumonia do so, says the National Institute of Allergy and Infectious Diseases (NIAID).

With the fall and winter flu season approaching, health authorities



passing 40 yards to Steve Pingree then, he took it the final 20 yards the score himself, and he later ed on another 5-yard run. The ne came down to the final 10 sec- s as Roy missed a 37-yard field l attempt that was wide by two

SHTON 35, CYPRUS 13

lex Mercer scored on a 1-yard run and is Seegmiller bolted over from the 8-yard

terfinals against the Olympus-East winner Saturday next Friday at 12:30 p.m. in the 4A quarterfinals. The Braves broke it open with Sid smith scoring on a 1-yard run and Joey Covey sprinting 23 yards for another score in the fourth quarter to break a 14-all tie.

BONNEVILLE 34, KEARNS 6

Greg Cyfers scored two touchdowns and Kendell Youngblood added another touch- down in the Lakers' rout of Kearns. One thing that helped the Lakers was their ability to stop Kearns' running back Kava Afu of- fensively.

— Dan Pattison

2A

Grantsville vs. Richfield.
Delta vs. Morgan.

1A

South Summit or Beaver vs. North Sevier or Duchesne.

Monticello vs. North Summit or Kanab.

Raiders have must-win tilt with Broncos

Dick Brinster
Sports Writer

he Los Angeles Raiders, who have had their

